

Bar and Bat Mitzvah training topic outline

Basic Knowledge

1. Familiarity with and understanding of the "Classical Jewish Library"
2. Knowledge of major beliefs and concepts
3. familiarity with Jewish customs and ceremonies as they relate to holidays and life cycle events.

Hebrew and Prayers

1. Shma V'Ahavta
2. Berakhot (blessings) before and after Torah reading
3. First three Berakhot of the Amida
4. Torah Service:
 - a. Ki Mitzion / Barukh Shenatan
 - b. Shma, Ekhad, Gadlu
 - c. L'kha Adonai
5. Torah Portion (Maftir or full reading)
6. Haftarah
7. Closing prayers
 - a. Eyn Ke'Eloheyenu
 - b. Aleynu
 - c. Adon Olam

D'var Torah, a word or of Torah or simply the Speech

1. A summary of the Torah portion's content
2. Comments on the meaning of the text
3. Personal sharing and reflections
4. Presentation of Mitzvah project
5. Thank you to family and others

Exploring Meaning

1. Exploring Bar/Bat Mitzvah as a significant and personal rite of passage.

Other projects and experiences

1. Mitzvah (community service) project
2. Oral History project
3. Visit to Holocaust Museum
4. Learn about God and basic concepts of Jewish spirituality
5. Attend synagogue Shabbat and Holiday services.
6. Learn how to use classical ritual objects such as Talit and Tefilin

Hebrew Learning Circles

Innovative Jewish Education for Children and Adults

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